

# Enjoy Nature Responsibly

## The Trail Gazers Bid principles

### 1 - Follow the path



Stay on the paths. By not trampling on species you'll help to protect our environment. Don't take shortcuts.

### 2 - Protect local biodiversity

Hikers can harm biodiversity by introducing non-native seedlings that stick to the soles of footwear. Remember to regularly clean the soles of your shoes, especially after a stay abroad.



### 3 - Collect your waste



Don't leave any rubbish on the trail and bring your own bag. Please remove waste found on the trail. Recycle and re-use waste materials where possible.

### 4 - Respect protected areas

Rules are made for the protection of our environment. Respect natural and cultural sites by leaving what you find (flowers, rocks,...) Check the local regulations of the site.



### 5 - Do not start a fire



Fire is a danger for hikers, nature and animals. Don't start fires and don't throw cigarette butts away. In case of fire please call [999 and/or 112]

### 6 - Consider visitors and wildlife

You are a guest in a natural area. Enjoy the site quietly and respect other visitors and wildlife. Keeping a low profile could give you a chance to see animals that live in the wild but do not feed or touch them.



### 7 - Share the path



Hiking is not the only activity that takes place on the trails. Share the space with practitioners of other sports.



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